

March 2012

Dear Parent:

Newton Public Schools & Whitsons School Nutrition is committed to the mission of serving all children a nutritious, well-prepared meal in a safe and friendly environment, and we welcome and encourage the participation of your child/children.

Starting next week, new and exciting **Smart A La Carte Snacks** will be available for purchase each day. Bowen Elementary has been selected to pilot this program for the remainder of the school year. When your child goes to lunch, they will have snack selections available for them to choose from, in addition to the meal choices and sides.

On the back side of this flyer is the A La Carte Snack Menu with prices. All nutritional information is available upon request. There is also an opportunity for you to opt your child out of the A La Carte program. Simply fill out the form attached and return to Bowen. We will then flag your student's account and not allow any purchases during lunch.

Lunch prices remain at \$3.00 per meal for full pay and \$.40 for reduced priced meals. All meals include an entrée choice with options of one vegetable, one fruit and milk.

Also, take advantage of our easy and secure online prepayment service to deposit money into your child's meal account at your convenience at myschoolbucks.com. From this site, you will create your account and add money to your child's school meal account. If you choose not to take advantage of the online prepayment service, you may continue to make advance payments via check, which should be made payable to Newton Food Service Department. Please write your child's full name in the memo area of the check and send to your child's school.

If you have any questions feel free to contact me.

Sincerely,

April Liles, RD
Whitsons School Nutrition
Food Nutrition Director
Newton Public Schools
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(617) 559 - 6319



Corporate Dining

School Nutrition

Delivered Meals

Vending Services

Residential Dining

Healthcare Services

Gourmet Catering



A La Carte Snack Menu

Extra Slice Pizza:	\$1.75
Graham Crackers:	\$1.00
Goldfish Crackers:	\$1.00
Reduced Fat Smartfood:	\$1.00
Granola Bars:	\$1.00
Cheese Stick:	\$1.00
100 Calorie Pack Cookie:	\$1.00
Yogurt:	\$1.00
8oz. Water:	\$1.00

A La Carte Snack Program Opt-Out Form

This opt-out form needs to be sent to back to your student's elementary school if a parent/guardian does not want snacks made available to their child.

I do not want (Student's name - Print clearly) _____ to participate in the school snack program at (School name) _____ effective (insert date)_____.

Parent/Guardian Name (Print) _____

Parent/Guardian Signature _____

Date _____